Work Zone Safety
Objectives

In this course we will discuss:

- Identification of work zones
- Work zone elements
- Manual on Uniform Traffic Control Devices (MUTCD)
- OSH standards
- Control zones and measures
- Flagger safety
- Employer/employee responsibilities
Any agency performing construction and/or maintenance work on or adjacent to a street or highway on the State Highway System is responsible for using the proper traffic control devices.

The devices used are subject to approval by the Division of Highways and shall conform to the MUTCD and the NCSMUTCD.
Work Zone Identified

Is this correct?
Work Zone Identified

Is this correct?
Work Zone Hazards

Is this correct?
Work Zone Statistics

- Struck by Object: 30%
- NEC: 11%
- Falls: 33%
- Crushed by Object or Equipment: 14%
- Fire or Explosion: 1%
- Electrocuted: 11%
Work Zone Statistics

- More than four out of five persons killed in work zone crashes are motorists.

- Speeding and distracted driving account for more than 50% of all work zone crashes.

- In 2008, N.C. work zones accounted for:
  - 21 fatalities
  - 2,381 crashes
  - 1,463 injuries

Source: NCDOT
The current edition of the MUTCD is published by the Federal Highway Administration (FHWA) under 23 Code of Federal Regulations (CFR), Part 655, Subpart F.
NC Supplement to the MUTCD

- NCSMUTCD is published to provide a document containing standards, guidelines, & policies for traffic control devices not contained in the MUTCD.
Work Zone Elements

- Advance warning area
- Transition area
- Buffer space
- Activity (work) area
- Termination area
Work Zone Elements

1. Advance warning area
2. Transition area
3. Buffer space
4. Activity area
5. Termination area
Work Zone Elements

- **Advance warning area**
  - Advises drivers about what to expect in the upcoming work zone area or areas
Work Zone Elements

- Transition area
  - Redirect traffic from a normal traffic flow to a new flow
Work Zone Elements

- **Buffer space**
  - Provides protection for traffic and workers
Work Zone Elements

- Activity area
  - The area where work takes place which may also include a “lateral” buffer space.
Work Zone Elements

- **Termination area**
  - Shall be used to return road users to their normal path
  - Shall extend from the downstream end of the work area to the last TTC device
Signs and symbols required by this subpart shall be visible at all times when work is being performed ...
Definitions

- **Barricade**
  - Means an obstruction to deter the passage of persons or vehicles.

- **Signs**
  - Are the warnings of hazard affixed or placed at locations where hazards exist?
Definitions

- **Signals**
  - Are moving signs to warn of possible or existing hazards?

- **Tags**
  - Are temporary signs to warn of existing or immediate hazards?
Signs and Signals

Figure 6F-4. Warning Signs in Temporary Traffic Control Zones
(Sheet 3 of 4)

- **On Ramp**: W15-4
- **No Passing Zone**: W14-3
- **Road Work 1000 FT**: W20-1
- **Road Work 300 m**: W20-1
- **Detour 1000 FT**: W20-2
- **Detour 300 m**: W20-3
- **Road Closed 1000 FT**: W20-4
- **Road Closed 300 m**: W20-4
- **One Lane Road 1000 FT**: W20-5
- **One Lane Road 300 m**: W20-5
- **Right Lane Closed 1/2 Mile**: W20-6
- **Right Lane Closed 800 m**: W20-6
- **Right Two Lanes Closed 1/2 Mile**: W20-7
- **Right Two Lanes Closed 800 m**: W20-7
- **500 Feet**: W16-2
- **150 Meters**: W21-1a
- **Fresh Oil**: W21-2
- **Road Machinery Ahead**: W21-3
- **Shoulder Work**: W21-5
- **Right Shoulder Closed**: W21-5a

*An optional STREET CLOSED word message sign is shown in the "Standard Highway Signs" book.*
Sign Maintenance

MUTCD Section 6F.04
Sign Placement

MUTCD Section 6F.21 and 1.5
Barricades
New Visibility Requirements

- This Standards Notice became effective on November 25, 2008.

North Carolina Department of Labor
Division of Occupational Safety and Health

Raleigh, North Carolina

Field Information System

Standards Notice 73

Subject: Requirements for high-visibility apparel and enforcement of the Federal Highway Administration (FHWA) regulation, 23 CFR 634.

A. Discussion

OSHA has received inquiries with regards to enforcement of the new Federal Highway Administration (FHWA) regulation, 23 CFR 634, which was effective on November 24, 2008. This standard requires that “all workers within the right of way of a federal-aid highway who are exposed to or to be exposed to traffic (vehicles using the highway for purposes of travel) or to construction equipment within the work area shall wear high visibility safety apparel” which meets the Class 2 or Class 3 requirements of ANSI/ISEA 107-2004.

Enforcement authority for this regulation rests with the U.S. Department of Transportation. OSHA does not enforce 23 CFR 634. However, OSHA does feel that exceptions for high-visibility garments for law enforcement officers, fire fighters, and other emergency responders make sense and will address these exceptions in this notice.

OSHA has adopted by reference Part VI of the Manual on Uniform Traffic Control Devices (1988 edition, Revision 3, or MMUTCD) as a part of 29 CFR 1926 Subpart F, Signs, Signals and Barricades. In relation to this standards notice, this only applies to construction activities where flaggers are signaling traffic.

OSHA has not adopted any version of ANSI/ISEA 107 on high visibility garments; however, we recommend that employers use the most current version when determining what high-visibility garments are appropriate for their employees.

Additionally, OSHA has received inquiries about the use of high-visibility garments designed and labeled to an older version of the ANSI/ISEA 107 standard when a newer version of the ANSI/ISEA 107 standard changed the labeling requirement. Employers are concerned about replacing garments which still meet the visibility requirements for the class their employees used, but retain a different class label from the older version of the standard. As an example: In ANSI/ISEA 107 - 1997, a Class 3 garment, such as a vest, could be labeled Class 1. In the 2004 version of the standard, this vest by itself can only be used as a Class 3 garment if paired with pants or shorts. Additionally, it can only be labeled as a Class 3 garment.

B. Interpretation

While OSHA has not adopted ANSI/ISEA 107, OSHA will use this standard in any other appropriate consensus standard as reference when determining what high-visibility garments are appropriate.

For high visibility garments labeled under older versions of the ANSI/ISEA 107 standard, OSHA will not require employers to replace garments simply because the label which
Flagger PPE

- Signaling by flaggers and the use of flaggers, including warning garments worn by flaggers shall conform to Part VI of the MUTCD.
Flagger PPE

- High-visibility safety apparel
  - All workers exposed to the risks of moving roadway traffic or construction equipment should wear high-visibility safety apparel meeting the requirements of ISEA “American National Standard for High-Visibility Safety Apparel” or equivalent revisions, and labeled as ANSI 107-1999 standard performance for Class 1, 2, or 3 risk exposure.
Flagger PPE

- High-visibility safety apparel

Class 3

Class 2
Flagger Safety

- Flaggers should:
  - Stay alert
  - Stand alone in clear view
  - Plan escape route for emergencies
  - Stay in communication with other flaggers
  - Treat motorists with respect
  - Be sure the motorists understand the flow of traffic
Flagger Safety

What’s wrong in this picture?
Flagger Safety

Flaggers should not:
- Turn your back on traffic
- Step in front of any vehicle
- Assume a vehicle is going to stop
- Stand where you can be crushed by equipment
- Stand over the crests of a hill
- Stand around sharp curves
- Stand where not visible to motorist or other equipment operators
Flagger Safety

What’s wrong in this picture?
Flagger Safety

What’s wrong in these pictures?
Employer’s Responsibility

On the worksite:

- Always keep other workers in mind
- Set up a means of communication with workers around you
- Never allow unauthorized workers to ride on equipment
Employer’s Responsibility

Know the JOB!

- Know the internal traffic control plan
- Know the work zone and your position in it
- Use designated equipment routes and areas
- Identify rollover hazards such as unleveled areas, embankments, and unstable soil
Employee’s Responsibility

- Put into practice ALL training provided by the employer

- ALWAYS wear high visibility clothing and other PPE as required
Safety Awareness

- As a motorist:
  - Pay attention to the orange diamond shaped warnings signs
  - Stay alert
  - Minimize distractions
  - Follow posted speed limits
  - Be prepared for the unexpected
Because traffic crashes are the leading cause of death in the workplace, the N.C. Department of Labor has launched driver safety outreach initiatives.

- Project Drivesafe Brochures (6)
- Transportation Safety Industry Guide
The following terms shall have the ascribed meaning throughout this Section:

- (1) Traffic Control Device.
- (2) State Highway System.
- (3) Municipality.
- (4) State Municipal System Street or Highway.
- (5) Non-State System Municipal Street or Highway (Municipal System).
- (6) State Rural System Highway or Street. Any highway or street on the State Highway System outside the limits of a municipality.
- (7) Board. North Carolina Board of Transportation.
- (8) MUTCD
- (9) Titles
- (10) North Carolina Supplement to the MUTCD

History Note: Authority G.S. 136-18; 136-20; 136-45; 136-66.1;

Effective July 1, 1978;

Amended Effective November 1, 1991.
Additional Information

- American Society of Safety Engineers
- National Highway Traffic Safety Administration
- National Institute of Occupational Safety and Health
- Federal Highway Administration
- Federal OSHA
- N.C. Department of Transportation
Summary

In this course we discussed:

- Identification of work zones
- Work zone elements
- Manual on Uniform Traffic Control Devices (MUTCD)
- OSH standards
- Control zones and measures
- Flagger safety
- Employer/employee responsibilities
Thank You For Attending!

Final Questions?
Handouts

Flagger control:

http://mutcd fhwa dot gov/htm/2003r1/part6/part6e.htm